

## **Texas Tech University Health Sciences Center**

*(Sports Medicine, Sex and Gender Specific Health, & Interprofessional Practice and Education)*

### ***The Reason I Jump: An Interprofessional Preceptor Mini-Series***

## **Episode 12 – What is Your Reason to Jump?**

### **Preceptor Objectives:**

1. List at least two strategies for championing interprofessional education and collaborative practice in clinical education. *(Remember)*
2. Postulate two mechanisms for integrating sex and gender specific health into the clinical learning environment. *(Create)*

### **Student Objectives:**

1. Discuss at least two advantages of journaling a rotation experience. *(Understand)*
2. Outline potential dangers of learner burnout and compassion fatigue and postulate at least three strategies to combat these dangers. *(Understand)*

### **Sex and Gender Health Objectives:**

1. Explain the importance of practicing, teaching, and learning sex and gender specific health. *(Understand)*

### **Interprofessional Education Objectives:**

1. List at least three leadership practices that support collaborative practice and team effectiveness. *(Remember)*

### **Preceptor Pearls:**

1. Be a champion of interprofessional education by training diverse learners together. The goal is to prepare learners in all health professions to deliberately work together with the goal of building a safer and better patient-centered health care system. *(Be a champion for interprofessional education.)*
2. Be an advocate for sex and gender specific health. It is increasingly evident that sex and gender play an important role in disease states and response to treatment. Teach your learners to ask the question “Does sex or gender matter in this case?” *(Be an advocate for sex and gender specific health.)*

### **Student Pearls:**

1. Your experiences on your clinical rotations will be among the most extraordinary of your educational career. Buy a new journal and take time to jot down the funny and not-so funny occurrences of daily life as a learner. You are well on your way to the privilege and joy of being a practicing clinician. *(Take time to enjoy and savor your clinical rotation experience.)*
2. Try to practice a work-life balance. Burnout and compassion fatigue is a constant threat to learners and practicing clinicians. Take care of yourself and stay connected to family and friends. *(Stay connected and practice a work-life balance.)*